Nevada County Habitat for Humanity®

Together, we build a better future.

Habitat Homeowner Disaster Supply Kit

A disaster survival kit includes the supplies your family may need to stay safe during and after an emergency. Your kit should be easy to carry and ready to use at home or if you need to evacuate.

You can purchase a pre-assembled emergency kit or create your own. Be sure your kit is fully stocked **before** a disaster occurs, and check your supplies **every three months** to replace expired items and update as needed for your family's needs.

Essential Supplies

💧 Water

☐ One gallon of water per person, per day, for at least **three days**

🥫 Food

☐ At least a **three-day supply** of non-perishable food

🛏️ Basic Comfort Items

☐ Blankets or sleeping bags

☐ Pillows and towels

👟 Clothing

☐ Closed-toe, sturdy shoes

☐ Jacket or coat

📻 Emergency Equipment

☐ NOAA weather radio or battery-powered radio

☐ Flashlight

☐ Extra batteries

Important Documents

Store copies of important documents in a waterproof, portable container.

☐ Insurance policies

☐ Birth, death, and marriage certificates

☐ Wills

☐ Passports

☐ Driver's licenses or other identification

☐ Bank account information
☐ Emergency medical information

Emergency Supplies

☐ Prescription medications
☐ Extra cash *(ATMs and credit card systems may not work during a disaster.)*
☐ Dust masks to help filter contaminated air
☐ Plastic sheeting and duct tape for sheltering in place
☐ Basic tools (wrench, pliers, screwdriver)
☐ Manual can opener
☐ Local maps
☐ Cell phone charger or backup battery
☐ Personal hygiene items and feminine supplies
☐ Garbage bags
☐ Whistle

First Aid Kit

Include the following items in your first aid kit:

☐ Two pairs of latex or other sterile gloves
☐ Sterile dressings to stop bleeding
☐ Soap
☐ Antibiotic wipes or towelettes
☐ Burn ointment
☐ Bandages in a variety of sizes
☐ Eye wash solution
☐ Thermometer
☐ Aspirin or another pain reliever
☐ Anti-diarrhea medication
☐ Antacid
☐ Laxative
☐ Scissors and tweezers
☐ Prescription medications and medical supplies

Optional Emergency Items

☐ Paper cups, plates, paper towels, and plastic utensils
☐ One extra set of clothing per person *(easy to wash and air dry)*
☐ Waterproof matches
☐ Fire extinguisher
☐ Household chlorine bleach and medicine droppers *(for emergency water disinfection, if appropriate)*
☐ Books, games, puzzles, or activities for children
☐ Baby supplies (bottles, formula, diapers)
☐ Medical equipment (oxygen, catheters, wheelchairs, hearing aid batteries, etc.)
☐ Two-way radios
☐ Rain gear
☐ Backup place to stay (friend's or family member's home, hotel, etc.)

Pet Emergency Kit
Don't forget your pets! Include:
☐ Copies of veterinary records
☐ Current photos of your pet for identification
☐ Medications
☐ Feeding dishes
☐ At least a three-day supply of pet food and water
☐ Disposable litter trays and litter (for cats)
☐ Extra collar or harness
☐ Leash
☐ Blanket
☐ Favorite toys
☐ Sturdy pet carrier
☐ Contact information for your veterinarian

Be Prepared
Review your disaster supply kit every **three months** to replace expired food, water, medications, and batteries, and update supplies as your family's needs change. Being prepared ahead of time can make all the difference during an emergency.

For additional information contact the Habitat Homeowner Support Team

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