

Home Maintenance Checklist: Fall and Winter

(Tips for keeping your home warm, efficient, and safe during colder months.)

Keep Your Home Warm and Energy Efficient

- ☐ Have a qualified HVAC professional inspect your home's ducts and heating/cooling equipment.
 - ☐ Set your thermostat to 68°F when you are home and awake and lower it to around 60°F when sleeping or away.
 - ☐ Clean or replace furnace filters monthly, or as recommended.
 - ☐ Close curtains or shades at night to help retain heat; open them during the day to let in sunlight.
 - ☐ Clean south-facing windows to maximize sunlight exposure and natural warmth.
 - ☐ Weather-strip doors that lead to cold or outdoor areas.
 - ☐ Repair leaky faucets to prevent water waste and potential damage.
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Additional Energy-Saving Steps

- ☐ Install a programmable thermostat to adjust temperatures automatically throughout the day.
- ☐ Insulate the water heater tank and the first six feet of hot and cold water pipes connected to the unit, if applicable.
- ☐ Lower your water heater temperature to 120°F.

For every 10-degree reduction, you may save approximately 3–5% on energy costs.

- ☐ Install low-flow showerheads to reduce water and energy use.
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Improve Indoor Air Quality and Reduce Health Risks

- ☐ When changing clocks for daylight saving time, replace batteries in smoke alarms, radon detectors, and carbon monoxide detectors.
 - ☐ Clean water-damaged carpets and materials, or replace them if needed.
 - ☐ Reduce allergy-causing pollutants by keeping your home clean and dust-free.
 - ☐ Use extra caution when operating fuel-burning appliances to prevent leaks and unsafe conditions.
 - ☐ Store and dispose of household chemicals safely.
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Seasonal Reminder: Regular maintenance helps protect your home, improve energy efficiency, and keep your family safe throughout the fall and winter months.